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*dare to lead*TM

Based on the research of Brené Brown

Michelle Gibbings \ The Workplace Expert

Pragmatic Wisdom • Intentional Impact

Brave Leaders and Courageous Cultures

Leadership Development

Facilitated by Michelle Gibbings, Certified Dare to Lead™ Facilitator

Why Dare To Lead™

In an increasingly complex and ever-changing world, we need braver leaders and team members. People who dare to step up, lead change and drive good outcomes.

Based on the work of Dr Brené Brown, this three-day program is your chance to equip you and your team with the skills they need to excel in today's turbulent, shifting workplaces.



Michelle with Brené in San Antonio, USA when she was becoming certified as a Dare to Lead™ facilitator

NOW AVAILABLE

The new 24-hour curriculum - delivered over 3 days

Is this Program For You?

Do you want to:

- » Be a braver leader?
- » Build a courageous and resilient culture?
- » Create an environment that supports innovation, creativity and change?
- » Accelerate your and your team's development and performance?

Program Benefits

This workshop is highly interactive and experiential, ensuring you walk away from the sessions inspired and equipped to think and act differently.

You will:

- » Gain a deeper understanding of what being a daring and courageous leader means for you.
- » Uncover the opportunities to be a more courageous leader and set identifiable goals for your leadership growth.
- » Explore why vulnerability (uncertainty, risk, and emotional exposure) is the foundation skill set for courage.
- » Recognise that vulnerability is the birthplace of many of the behaviours that define daring leadership, including creativity, accountability, and having difficult conversations.
- » Investigate how armour - not fear - is the greatest obstacle to daring leadership and what you need to do.
- » Understand the critical role that self awareness, compassion and empathy play in courageous leadership.
- » Learn how to integrate your values into your everyday life better.
- » Discover how courage is a collection of four skill sets that are measurable, observable and teachable.
- » Learn how to use each of the four skill sets effectively: rumbling with vulnerability, living into our values, BRAVING trust and learning to rise.

Participants Receive

- » Three days of training (usually rolled out over four weeks) - packed with activities, case studies, the latest ideas and research, and practical tools you can apply at work and in your personal life.
- » Dare to Lead™ official workbook only available from your Certified Dare to Lead™ Facilitator.
- » Brené Brown's best-selling book, Dare to Lead.
- » Pre-Program Leadership Assessment - measuring your courage skills.
- » Pre-Program Daring versus Armoured Leadership Assessment - measuring the cultural norms of the group as it relates to armoured leadership behaviours and daring leadership skills.
- » Pre-Program Team Trust Assessment - measuring the level of trust and areas of focus.
- » Brené Brown videos - created exclusively for the Dare to Lead™ program.
- » After completing the training, receive your Dare to Lead™ Participant Trained Certificate and your digital LinkedIn credential.
- » Ideas on how to embed your learnings at work.
- » Access to ongoing material and learning ideas after the program.



Inhouse Dare to Lead Program

The Dare To Lead™ program and experience can be customised to suit your specific organisational leadership development needs. In consultation, we will develop and deliver your Dare to Lead program, which best meets your organisational culture, priorities and expectations.

Is this right for you and your team?

Reach out now for your free consultation.

[Book Your Free Consultation](#)

What might this development program look like?

Each organisation is unique, and so we pay careful attention to program design and delivery.

Phase 1: Diagnostic

During this step, an understanding of the organisational landscape, including reviewing leadership competency framework, prior culture work, and other relevant material, is developed.

Through conversation and review, Michelle will gain a clear understanding of your challenges and opportunities. Michelle will provide advice on the best structure and flow of the Dare to Lead program to ensure optimal outcomes and benefits.

Phase 3: Delivery

Delivery of the program's curriculum can be sequential (i.e., three days back-to-back) or phased (i.e., over a series of days, either whole or half-day), and can be face-to-face, virtual, or a combination of both. Michelle will guide you on the best option for your team based on the insights gained in Phase 1.

Phase 2: Introduction and set up

Your team will be introduced to the concepts underpinning Dare To Lead™ and the pre-work for the upcoming sessions. This pre-work may include the following online assessment tools, which each examine courage through a specific lens:

1. **Daring Leadership Assessment** - measures an individual's strengths and opportunities against the four skill sets of courage.
2. **Armoured Leadership vs Daring Leadership Assessment** - examines the team's cultural norms related to armoured and daring leadership behaviours.
3. **BRAVING Trust in Teams Assessment** - explores the level of trust in the team, as measured by the seven elements of trust.
4. **Courage-Building Importance** - assess if participants understand why increasing courage-building skills is a priority for their team.

Phase 4: Integration and embedding

Over an agreed timeframe, typically 6 – 12 months, there are monthly one-hour online group coaching sessions. These discussions are a fabulous opportunity to refresh insights, integrate concepts into the workplace and ensure real-life application of the learning.

Phase 5: Evaluation and next steps

Toward the end of the leadership program's rollout, re-taking the earlier assessments is encouraged to determine progress and areas of continued focus. For example, this may include further work on defining your organisational values, training leaders on courageous conversations, building team practices to help work through setbacks and challenges, and developing influencing skills across your team members. Changing behaviour and elevating culture takes time and requires focused work to integrate learnings into processes, systems, and behaviours.

Your Bonuses



Bonus 1

Value
\$750

Post-event, receive exclusive access to a virtual 2-hour Integration and Connection session. This session is an opportunity to continue the conversation with your Dare to Lead™ participants, discuss learnings and challenges, and embed learnings.



Bonus 2

Value
\$350

A free copy of each of Michelle Gibbings' books, along with supporting guides and supplements.



Bonus 3

Value
\$200

Special access to a 130 page book - Finding Your Edge - The Ultimate Guide to Unlocking Your Potential at Work (and in life).

Program Duration and Format

This program usually runs over one month, however, the timeframe can be customised to suit your organisation's requirements:

Week One: session one | introduction to the Dare to Lead™ program (held virtually)

Week Two: sessions two and three | covering the core modules of the program (held face to face)

Week Three: session four | covering the next elements of the program (held virtually)

Week Four: session five | discussion, embedding the learnings and practice (held virtually)

Program Investment

Contact Michelle's Office for details.

For publicly run programs, discounts are available for group bookings. Please reach out to support@michellegibbings.com to discuss.

Testimonials... In Their Words

"Great content from an inspiring leader. Michelle's delivery is exemplary. It challenges the heart and mind. Very fulfilling."

**| Justin Dickinson, Production Manager,
Hardchrome Engineering Pty Ltd**

"Dare to Lead provided me with the ability to re-evaluate my career and leadership qualities. The course has also enabled me to reflect on my values, the value in connections I have and feel more courageous even if it feels uncomfortable."

**| Alexandra Hoskins, Principal
Senet**

"I have been looking at doing the Dare to Lead course for a while now, however I wanted to ensure that it was with the right facilitator. The time I spent with Michelle Gibbings was simply priceless. Run in a small group with other like minded individuals, it was wonderful to go through rumbling with vulnerability, how we armour ourselves, being in the arena, sharing our experiences and working together. I loved how Michelle brought her own experience and lens to the session which added to the already rich program. We have had several further connections and check ins post the course being completed. I would highly recommend Michelle as a facilitator and coach."

**| Sadhana Smiles, CEO
Real Estate Industry Partners**

"Courageous course - get ready to get deep in reflection and rumble with your vulnerability."

**| Emma Smith, Culture & People Partner,
Woolworths**

"The course was well worth attending. It was extremely valuable in providing tools to work through the day to day encounters we have with our peers and stakeholders in building trust, developing and maintaining relationships and becoming more self-aware in order to lead people and bring out the best in those we influence."

**| Sarah Cass, Group Risk Assurance Manager,
Australian Super**

"Meaningful and valuable content that Michelle skillfully and clearly shared with practical examples."

**| Narelle Dempster, Risk & Due Diligence Lead,
The Fred Hollows Foundation**

"Michelle is a wonderful facilitator - she is knowledgeable, engaging and incredibly relatable. The Dare To Lead™ program challenges you to do better, to be better and provides you with the tools to achieve your challenge of being a daring leader."

**| Kate Appledore, Program Lead,
Western Victoria Primary Health Network**

"I thoroughly enjoyed and would recommend Michelle's Dare to Lead course to everyone. Michelle has a warm and engaging style and weaves her own years of skill building and experience into the research of Brené Brown. There's lots of time for discussion and extending our learning during the course, and Michelle generously shares her knowledge with me in an ongoing way via her website: The Weekly Edition. Thanks Michelle!"

**| Maria Orr, Senior Programs Manager,
Anglicare**





About Dr. Michelle Gibbings

Certified Dare to Lead™ Facilitator

Dr Michelle Gibbings is an award-winning author, globally recognised workplace expert, and certified Dare to Lead™ facilitator who helps leaders build the courage, clarity, and confidence needed to lead in today's complex environments.

With over 30 years of experience, including in senior executive roles, Michelle understands the realities of leadership from the inside out. She works with leaders, teams, and organisations to strengthen self-awareness, have braver conversations, and lead with greater trust, accountability, and connection.

Through the Dare to Lead™ program, Michelle equips leaders with practical tools and frameworks to move beyond armour and avoidance, lean into vulnerability, and lead with courage; even when conversations are difficult, or the path forward is uncertain.

A sought-after keynote speaker, executive coach, and facilitator, Michelle partners with forward-thinking organisations to build cultures where people feel safe speaking up, taking ownership, and making wise, impactful decisions.

She is the author of three acclaimed books: *Step Up*, *Career Leap*, and *Bad Boss*.

Ready to build braver, more effective leadership and a more courageous team culture?

Book a conversation with Michelle to explore how Dare to Lead™ can support you and your team.

support@michellegibbings.com

www.michellegibbings.com