

CAREER LEAP ONLINE COURSE

Get Real

Transcript

By now, you've got a list of ideas, some better formed than others. You may even know exactly where you want to go next. That's great. If you haven't got those ideas, then please go back and spend more time hothousing your career options before you continue.

Whatever position you are in, it's important you take a healthy reality check on what that career, those options, look like and feel like in practice. You want to uncover what you are likely to be doing each day if you work in that field or role.

The only way to do this is through research and asking lots of questions of people who are actually in the role or operating in a similar field.

You want to ask as many questions as you need to really get a feel for what it might be like to do that work. These conversations are essential, and particularly useful if you're thinking about going out on your own, either freelancing or starting a business.

In your workbook, in the page titled "Getting the inside scoop" you'll find some questions you can use. Take some time now to write down other questions you may want to ask, plus identify who you need to talk to.

You'll also need to set aside time to talk with these people and this can take some time. It shouldn't stop you moving on in the course. Just aim to do this over the next couple of weeks.

Once you've got those insights, you'll want to critically assess your list of options and see if there is anything you'd like to take off the list or change in some way.