

dare to lead[™]

Based on the research of Brené Brown



Brave Leaders & Courageous Cultures

Bespoke Leadership Development Programs

Facilitated by Michelle Gibbings, Certified Dare to Lead[™] Facilitator



Why Dare To Lead[™]

In an increasingly complex and ever-changing world, we need braver leaders and team members. People who dare to step up, lead change and drive good outcomes.

Based on the work of Dr Brené Brown, this three-day program is your chance to equip you and your team with the skills they need to excel in today's world.

NOW AVAILABLE

The new 24-hour curriculum - delivered over 3-Days

Is this course for you?

Do you want to:

- » Be a braver and more courageous leader?
- » Build a courageous and resilient culture?
- » Have an environment that supports innovation, creativity and change?
- » Better define your leadership identity?
- » More deliberately live your values and build trusted and healthy relationships?
- » Accelerate your and your team's development and performance?

If you want to lead and work authentically, ethically, and inclusively, this program is for you. Now's your opportunity to embrace the steps towards being a braver and more courageous leader.

Benefits of the course

This workshop is highly interactive and experiential, ensuring you walk away from the sessions inspired and equipped to think and act differently.

You will:

- » Gain a deeper understanding of what being a daring and courageous leader means for you
- » Uncover the opportunities to be a more courageous leader and set identifiable goals for your leadership growth
- » Explore why vulnerability (uncertainty, risk, and emotional exposure) is the foundation skill set for courage
- » Recognise that vulnerability is the birthplace of many of the behaviours that define daring leadership, including creativity, accountability, and having difficult conversations
- » Investigate how armour – not fear – is the greatest obstacle to daring leadership and what you need to do to
- » Understand the critical role that self-awareness, compassion and empathy play in courageous leadership
- » Learn how to integrate your values into your everyday life better
- » Discover how courage is a collection of four skill sets that are measurable, observable, and teachable
- » Learn how to use each of the four skill sets effectively: rumbling with vulnerability, living into our values, BRAVING trust, and learning to rise

Course participants receive

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- » Three days of training – packed with activities, case studies, latest ideas and research, and practical tools you can apply at work and in your personal life
- » Dare to Lead™ official workbook only available from your Certified Dare To Lead™ Facilitator
- » Brenè Brown's best-selling book, Dare to Lead
- » Pre-Program Leadership Assessment - measuring your individual courage skills
- » Pre-Program Daring versus Armoured Leadership Assessment – measuring the cultural norms of the group as it relates to armoured leadership behaviours and daring leadership skills (organisational teams only)
- » Pre-Program Team Trust Assessment – measuring the level of trust and areas for focus (organisational teams only)
- » Brenè Brown videos - created exclusively for the Dare To Lead™ program
- » After completing the three days, receive your Dare to Lead™ Participant Trained Certificate and your digital LinkedIn credential
- » Access to ongoing material and learning ideas after the session
- » Full catering during the face-to-face sessions



Bonus 1

Value \$3,500

Receive exclusive access to a monthly virtual, 1-hour Integration and Connection session.

This session is an opportunity to connect with other Dare to Lead participants, discuss learnings and challenges, and embed learnings.



Bonus 2

Value \$350

A free copy of each of Michelle Gibbings' books, along with supporting guides and supplements.



Bonus 3

Value \$500

Twelve months of free access to the 12-week online Career Leap course, which has a range of tools to support your career growth and development.

Course Details

This program runs over one month in a small group setting:

Week One, Session One | Two-hour online introduction to Dare to Lead program (held virtually)

Week Two, Sessions Two and Three | Full day workshop participation (held face to face)

Week Three, Session Four | Three-hour online workshop (held virtually)

Week Four, Session Five | Two-hour online workshop (held virtually)

Program cost **\$2,795 + GST**

**Discounts are available for group bookings.*

Note: if for any reason outside our control (i.e. COVID-19 outbreak), you will have the option to participate in the program online or move to another date later in the year.



Inhouse Dare to Lead Programs

The Dare To Lead™ program and experience can be customised to suit your specific organisational leadership development needs. In consultation, we will develop your bespoke Dare to Lead program, which best meets your organisational culture, priorities and expectations.

Is this right for you and your team?

Reach out now for your free consultation.

What might this development program look like?

Each organisation is unique, and so we pay careful attention to program design and delivery.

Phase 1: Diagnostic

During this step, an understanding of the organisational landscape, including reviewing any leadership competency framework, prior culture work, and other relevant material, will be conducted. Through conversation and review, Michelle will gain a deep insight into the current challenges and opportunities. Michelle will provide advice on the best structure and flow of the Dare to Lead program to ensure optimal outcomes and benefits.

Phase 2: Introduction and set up

Your team will be introduced to the concepts underpinning Dare to Lead and the pre-work for the upcoming session. This pre-work may include the following online assessment tools, which each examine courage through a specific lens:

1. **Daring Leadership Assessment** – measures an individual's strengths and opportunities against the four skill sets of courage.
2. **Armoured Leadership vs Daring Leadership Assessment** – examines the team's cultural norms related to armoured and daring leadership behaviours.
3. **BRAVING Trust in Teams Assessment** – explores the level of trust in the team, as measured by the seven elements of trust.
4. **Courage-Building Importance** – assess if participants understand why increasing courage-building skills is a priority for their team.

Phase 3: Delivery

Delivery of the program's curriculum can be sequential (i.e. three days back-to-back) or phased (i.e. over a series of days, either whole or half-day) and face-to-face, virtual, or a combination of both. Michelle will guide you on the best option for your team based on the insights gained in Phase 1.

Phase 4: Integration and embedding

Delivery of the program's curriculum can be sequential (i.e. three days back-to-back) or phased (i.e. over a series of days, either whole or half-day) and face-to-face, virtual, or a combination of both. Michelle will guide you on the best option for your team based on the insights gained in Phase 1.

Phase 5: Evaluation and next steps

At the end of the rollout of the leadership program, re-taking the earlier assessments is encouraged to determine progress and areas of continued focus. For example, this may include further work on defining your organisational values, training leaders in the art of courageous conversations, building team practices to help work through setbacks and challenges, and building influencing skills across your team members. Changing behaviour and elevating culture takes time and requires concerted focus on integrating learnings into processes, systems and behaviours.

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Great content from an inspiring leader. Michelle's delivery is exemplary. It challenges the heart and mind. Very fulfilling.

| Justin Dickinson, Production Manager,
Hardchrome Engineering Pty Ltd



*Based on the research
of Brené Brown*

Changing behaviour and elevating culture

About Michelle Gibbings

Certified Dare to Lead™ Facilitator

Michelle is a certified Dare to Lead facilitator, the author of three books and welcomed on stages globally.

With demands on leadership increasing, Michelle partners with teams and organisations globally to help them get back control and be equipped with the personal insights and practical tools to step ahead, step up and leap into their brilliant future.

